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Internship Resource
THE LEADERSHIP HOUR

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Introduction

The **Leadership Hour*** is a tool which can be used as part of an internship program. During this time interns will study and discuss material from renowned leaders in both Christian and secular settings to further develop leadership knowledge. This knowledge would then be applied practically as the intern works in different ministry and team environments throughout the course of their internship.

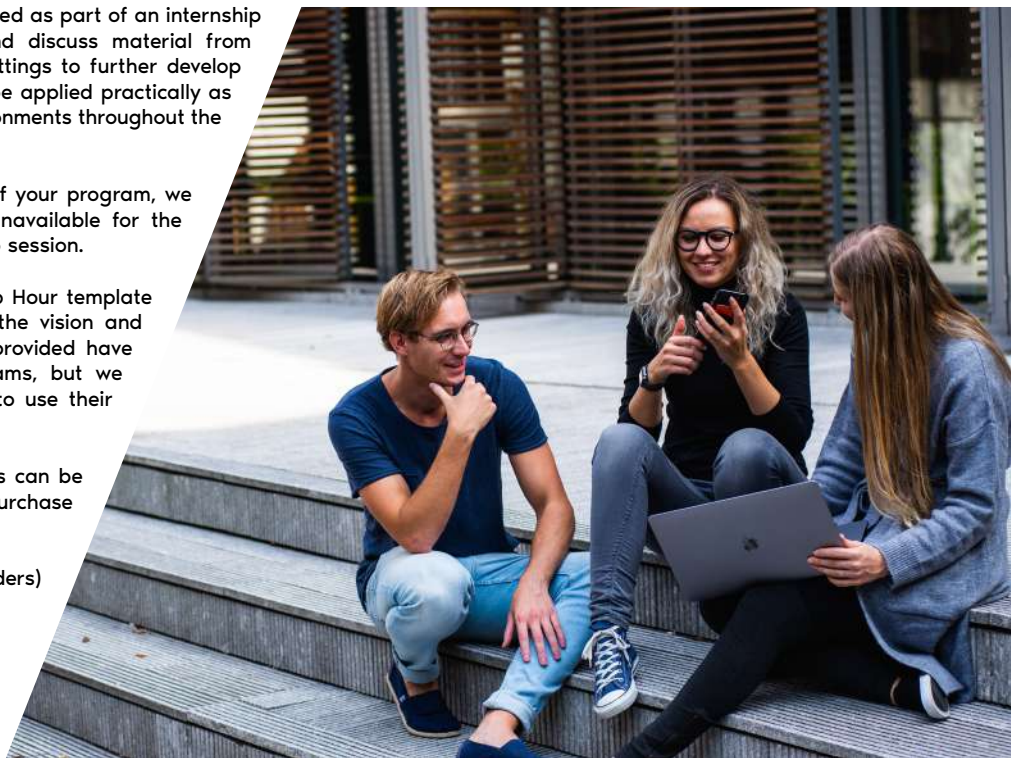
If you choose to run Leadership Hour as part of your program, we recommend that if for any reason, an intern is unavailable for the Leadership Hour, they are required to do a catch-up session.

Churches are also able to adapt the Leadership Hour template program, to suit their church culture, as well as the vision and mission of the church. The template and topics provided have been used successfully in other internship programs, but we respect the right for churches to graft programs to use their unique audience.

Many of the recommended readings and videos can be found online for free. However, interns may like to purchase the following additional resources.

- ★ Book - 'Spiritual Leadership' (J. Oswald Sanders)
- ★ Book - 'Sticky Teams' (Larry Osborne)
- ★ Book - 'The Resolute Leader: A Handbook on Leadership Development' (Warren Crank)

**Used & Adapted with Permission from Hilltop Internship Program*



Foundations of Leadership

Week	Lesson Session Title	Session Resources	Explanation/ Outcomes
01	Spiritual Leadership 1	'Spiritual Leadership' (J. Oswald Sanders), Chapter 1: "An Honourable Ambition"	Introducing the concept of Spiritual Leadership
02	Spiritual Leadership 2	'Spiritual Leadership' (J. Oswald Sanders), Chapter 3: "The Master's Principle"	Understanding the Biblical foundations of Spiritual Leadership
03	Spiritual Leadership 3	'Spiritual Leadership' (J. Oswald Sanders), Chapter 4: "Natural and Spiritual Leadership"	Understanding the differences between natural and Spiritual Leadership
04	Spiritual Leadership 4	'Spiritual Leadership' (J. Oswald Sanders), Chapter 6: "Insights on Leadership from Paul"	Understanding Biblical Leadership Insights from the Apostle Paul
05	Spiritual Leadership 5	'Spiritual Leadership' (J. Oswald Sanders), Chapter 7: "Insights on Leadership from Peter"	Understanding Biblical Leadership Insights from the Apostle Peter
06	Self-Leadership 1: Time Management Part 1	Video: https://www.life.church/leadershippodcast/its-about-time-part-1/	Understanding the importance and practicalities of time management
07	Self-Leadership 2: Time Management Part 2	Video: https://www.life.church/leadershippodcast/its-about-time-part-2/	Understanding the importance and practicalities of time management
08	Self-Leadership 4: Healthy Habits	Carey Nieuwhof Leadership Blog https://careynieuwhof.com/5-key-principles-every-leader-should-master/ And; https://careynieuwhof.com/10-best-practices-of-super-healthy-leaders-and-a-free-giveaway/	Learning how healthy habits in leadership contribute to longevity in ministry
09	Spiritual Leadership 6	'Spiritual Leadership' (J. Oswald Sanders), Chapter 8: "Essential Qualities of a Leadership" And; 'Spiritual Leadership' (J. Oswald Sanders), Chapter 9: "More Essential Qualities of Leadership"	Understanding some of the qualities of Biblical leaders

Practical & Relational Team Leadership

Week	Lesson Session Title	Key Resources	Explanation/ Outcomes
01	Leadership Axioms	'Sticky Teams' (Larry Osborne), Chapter 5: "Six Things Every Leadership Team Needs to Know"	Introducing the concept of practical leadership and team work
02	Leading Change	Sticky Teams' (Larry Osborne), Chapter 13: "Change Diplomacy: Minimising Conflict & Chaos" Carey Nieuwhof Leadership Blog https://careynieuwhof.com/7-ways-leaders-blow-it-when-leading-change/	Understanding how to effectively lead (and not lead) change in an organisation
03	Relationships in Leadership	'The Resolute Leader: A Handbook on Leadership Development' (Warren Crank), Chapter 6: "Relationships"	Understanding the importance of relational leadership and how to practically apply it
04	Delegation in Leadership	'Spiritual Leadership' (J. Oswald Sanders), Chapter 18: "The Art of Delegation"	Understanding the importance of delegation in leadership and team work
05	Personality Testing & Analysis: Myers Briggs Model	Test: https://www.16personalities.com/free-personality-test Myers-Briggs personalities and Team Work PowerPoint (Ted Keating) Discussion on Strengths/Weaknesses of Types	Understanding how each personality type can affect leadership team dynamics
06	Personality Testing & Analysis: Enneagram Model	Tests: https://www.eclecticenergies.com/enneagram/test.php Web – the Enneagram personalities in leadership: http://theenneagraminbusiness.com/business-applications/leadership/ Web – Enneagram types in Teams: http://theenneagraminbusiness.com/business-applications/teams/ Web – Enneagram types in Decision Making: http://theenneagraminbusiness.com/business-applications/decision-making/ Web – Enneagram types in Conflict: http://theenneagraminbusiness.com/business-applications/conflict/	Understanding how each personality type can affect leadership team dynamics

Practical & Relational Team Leadership

Week	Lesson Session Title	Key Resources	Explanation/ Outcomes
07	Personalities in Leadership 1	Video https://www.life.church/leadershippodcast/six-types-of-leaders-part-1/	Understanding different personalities and issues within leadership
08	Personalities in Leadership 2	Video https://www.life.church/leadershippodcast/six-types-of-leaders-part-2/	Understanding different personalities and issues within leadership
09	Leading Up 1	Video: https://www.life.church/leadershippodcast/leading-up-part-1/	Understanding how to 'lead' those who are above you in leadership with honour and respect
10	Leading Up 2	Video: https://www.life.church/leadershippodcast/leading-up-part-2/	Understanding how to 'lead' those who are above you in leadership with honour and respect



Organisational Leadership & Management

Week	Lesson Session Title	Key Resources	Explanation/ Outcomes
01	Personality Issues in Management	Video https://www.life.church/leadershippodcast/the-developers-dark-side/	Introducing the concept of practical leadership and team work
02	Creating an Empowering Culture 1	Video: https://www.life.church/leadershippodcast/creating-an-empowering-culture-part-1/	Understanding the importance of a healthy culture in a successful organisation
03	Creating an Empowering Culture 2	Video: https://www.life.church/leadershippodcast/creating-an-empowering-culture-part-2/	Understanding the importance of a healthy culture in a successful organisation
04	Issues in a Growing Church	Carey Nieuwhof Leadership Blog https://careynieuwhof.com/7-things-that-get-harder-as-your-church-grows/ Tim Keller PDF "Leadership and Church Size Dynamics: How Strategy Changes With Growth"	Understanding the practical issues growth can present in an organisation
05	Structuring for Growth 1: Defining the Organisation	'Sticky Teams' (Larry Osborne), Chapter 4: "What Game Are We Playing? – How Growth Changes Everything"	Learning the traits of certain types of teams and organisations and how to define and analyse your own
06	Structuring for Growth 2: Case Study	'The Resolute Leader: A Handbook on Leadership Development' (Warren Crank), Chapter 1: "The Jethro Model" pages 13-23	Analysing one Biblical model for organisational management and how to apply it
07	Reproducing Leaders	'Spiritual Leadership' (J. Oswald Sanders), Chapter 20: "Reproducing Leaders"	Understanding the importance of reproducing leaders

Organisational Leadership & Management

Week	Lesson Session Title	Key Resources	Explanation/ Outcomes
08	Building a Team 1	'Sticky Teams' (Larry Osborne), Chapter 3: "Guarding the Gate" & 'The Resolute Leader: A Handbook on Leadership Development' (Warren Crank), Chapter 5: "Recruiting"	Learning how to recruit and staff a team effectively and wisely
09	Building a Team 2	Video: https://www.life.church/leadershippodcast/principles-of-higher-hiring-part-1/	Learning various principles which are helpful when building or hiring teams and staff
10	Building a Team 3	Video: https://www.life.church/leadershippodcast/principles-of-higher-hiring-part-2/	Learning various principles which are helpful when building or hiring teams and staff

Reviews:

- ★ We recommend that each intern undergo a review at the end of each term regarding their progression, with their Intern Coordinator.

Other useful tools requirements:

- ★ (App for Windows, Android, Apple) – management and reminders
- ★ Google Sheets – collaboration
- ★ Facebook / Messenger (for group chat)
- ★ Good attitude (poor attitudes hinder the group dynamic)



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